

# Save the Date

5 May 2022

Catherine McAuley Day Mass

6 May 2022

Mother's Day Breakfast  
Lay Led Liturgy (M3/4)

7 May 2022

INTERACT—Yukana Mother's  
Day Morning Tea

10 May 2022

NAPLAN Online (10 – 20.05.22)

13 May 2022

Assembly (X3/4 Prayer)

13 May 2022

Funday Friday  
Lay Led Liturgy (C1/2)

16 May 2022

Careers Week (16 — 19.05.222)

17 May 2022

DD Cross Country

18 May 2022

Year 9 Retreat Day

19 May 2022

Assembly (M1/2 Prayer)

20 May 2022

Lay Led Liturgy (C3/4)

23 May 2022

Year 9 Camp—Emu Gully  
(23—25.05.22)

25 May 2022

National Simultaneous  
Storytime Day

26 May 2022

Ascension Thursday  
Assembly (M3/4 Prayer)

27 May 2022

National Reconciliation Week  
Mercy Girl for a Day  
Lay Led Liturgy (G1/2)



# Mercy Moments

May 2022

## Caritas - Project Compassion



### Term 2 Mission – Rosie's: Our Friends on the Street!



Our focus this term is all about Rosie's – our friends on the street, whose prayer resonates the belief of truly being the head, heart and hands of Mercy for others. The spiritual heritage of Rosie's proposes that friendship is not just a human encounter but also a divine, a spiritual encounter. The Rosie's prayer is about friendship: friendship among team members, friendship with patrons, friendship in and with God. It is the Rosie's Team's mission to ensure that no Queenslanders feel left out or disconnected from their community. The stress that comes with homelessness or being at risk of homelessness also increases the risk of mental illness. You'd be surprised what a difference a simple chat and basic hospitality can do to impact an individual's mental health and physical wellbeing. "Rosies reaches out to those most in need, people who are homeless or at risk, lonely, and socially isolated within our communities." This year we are seeking food donations of two-minute noodles, cup-a-soups, paper towel rolls and tinned foods. If you have any winter woolies (shoes, clothes, scarves, gloves) that you no longer have a use for, these are also appreciated. Located in the Student Services entrance is our collections table. Any students over the age of 16 are invited to come along on the Sunday Street Retreat – please see Chappy Cath or Mrs Hagemann for more information.

**Heather Hagemann, Assistant Principal  
Mission and Student Wellbeing**





Tony's Community Kitchen is open 365 days a year. It is totally run by volunteers and is the only night time meal service offered to the homeless, the vulnerable and those in need in our community.  
**Open 5pm to 7pm**  
Corner of James and Ruthven streets behind the closed Settlers Inn Hotel.

**Donation Sunday**  
**Every Sunday 12noon to 2pm**  
Blankets, Clothing, food etc

Volunteers Welcome! Please make contact in the Tony's Kitchen Facebook Group!



### Chorizo & Pea Frittata

6 eggs  
100g chorizo  
¼ cup peas  
60g mozzarella cheese ripped into pieces

#### Instructions

Preheat the grill.  
In a bowl, whisk the eggs with a pinch of sea salt and cracked pepper until you can no longer see any traces of egg white, 2 minutes.  
In a non-stick frying pan, cook the chorizo until golden, 3 to 4 minutes.  
Add the peas and cook in the chorizo oil for a few minutes. Season with cracked pepper.  
Pour the egg over the peas and chorizo and cook for a few minutes or until the eggs are starting to set around the sides of the pan.  
Dot the mozzarella over the top of the frittata.  
Put the pan under the grill and cook until the frittata has set on top and the mozzarella has melted.  
Serve hot from the pan.

## Prayer

*O Jesus,  
Make our hearts so human  
That others may feel at home with us,  
So, like Yours  
That others may feel at home with You,  
So forgetful of self  
That we might simply become the place  
Where You and they meet  
In the power of Your love  
And the joy of Your friendship.  
Amen.*



**"The comfort comes soon after a well - received trial."**

## Caritas – Project Compassion Update from Term 1

We welcomed Caritas Diocesan Director, Mr Andrew Knife, back to the College this fortnight, to present him with our College donation for 2022. A heartfelt thank you must go out to all in the College community for being the head, hearts and hands of Mercy for the vulnerable. We take our guidance from the Catholic Social Teachings, sharing a lived faith experience and providing a hand up to those who face difficult challenges. Walking gently beside those, as Jesus walks beside us. We know the funds we raised are much-needed funds will be put to good use, by our Caritas partners. We are grateful of the opportunity to contribute to such a worthy cause, and be the head heart and hands of Mercy for Caritas Project Compassion 2022.



*Deputy Principal, Jessica Wade presents Caritas Diocesan Director, Andrew Knife with our College donation for 2022.*

## Meet our Superheroes

**Ann Young**  
*School Officer*



**Favourite Food**  
Lasagne

**Favourite Quote**  
'Like a Glove' – Ace Ventura – Pet Detective

**What are three things you would like students to remember about you?**

Kind, compassionate and approachable.

**What is your dream holiday?**

Lying on the beach in the Bahamas

**If you could have a superpower, what would it be?**  
Time travel

## From our Chaplain

My name is Chappy Cath and I am so excited about my new role here at St Saviour's College as the new Chaplain.

Toowoomba has always been home to me. I have one older sister and two younger brothers, and they all have kids which makes me the fun Auntie of eight nieces and nephews! After I finished school here, I travelled around the east coast of Australia as a Nanny which took me overseas to work as a Nanny in Vancouver, Canada for 15 months. During this time, I got to experience what it is like living in snow, learnt how to ski and got used to having black bears in the backyard!

After I was a Nanny for about 10+ years, I was ready for a new adventure which took me into school Chaplaincy. For seven years I worked in a local primary school here as their Chaplain. Doing life with people of all ages is what puts a smile on my face and I find it incredibly rewarding.

Over the past four years I have undertaken fulltime study doing a Bachelor of Ministry to increase my passion that I have for people. My faith has been enriched throughout this time which has given me a better understanding of who I am and my purpose in life. I know that we are all called to make a difference in the world and the key factor to reaching our world is by us starting with our immediate circle of connection. Our families, our neighbourhoods, our workplace our local community. I believe that if each of us does one intentional act of kindness throughout our day, we can make our world a better place.

I look forward to an awesome year ahead of us here at St Saviour's College.

**Catherine Skuse, College Chaplain**



## From the College Counsellor

Important numbers for professional mental health and crisis support:

- Emergency Services **000**
- Toowoomba Base Hospital **07 4616 6000**
- Mental Health Access Line **1300 642 255**
- Suicide Call Back Service **1300 659 467**
- Lifeline crisis support **13 11 14**
- Kids Helpline **1800 551 800**
- Parentline **1300 301 300**
- MensLine Australia **1300 78 99 78**
- Family and Child Connect **12 32 64**
- DV Connect
- Women's Helpline **1800 811 811**
- Men's Helpline **1800 600 636**
- Sexual Assault Helpline **1800 010 120**

The *CANVAS Student Wellbeing Course* has information on looking after your mental health and wellbeing, staying connected to the school community, professional helplines, and contact details for the Pastoral Care Team.

**Renee Hunter, College Guidance Counsellor**

